flowprofiler®

dimension lab | self-confidence

What you can expect:

The flowprofiler® dimension labs are 1 hour virtual sessions designed to give you space to focus and reflect on your professional development. This lab explores the power skill Self-Confidence and is supported by a workbook and certified flowprofiler® trainer. You will not be asked to share your results or takeaways.

Objectives:

☆ Define the dimension Self-Confidence.

☆ Review your flowprofiler® or eqflow® results.

☆ Identify actions to develop your personal excellence.

You will learn:

☆ The role that self-confidence plays in the workplace.

☆ The flowprofiler® SPARK process to spark your Self-Confidence.

Who is this training for?

Anyone who is looking to develop their work-based power skills. Specifically, their Self-Confidence.

Pre-requisites:

☆ Ideally, you will have completed either the eqflow® or the flowprofiler® assessments.

☆ Have had your development report fed back to you.

You will need:

☆ A copy of your development report.

☆ Access to the workbook (provided).

☆ In order to use the interactive workbook features, you will need the most recent version of Adobe Reader/Acrobat or Apple Preview.